ED 392 496 JC 960 160

TITLE Project LEEWAY for Single Parents. PY95 Final

Detailed Report.

INSTITUTION Lee Coll., Baytown, Tex.

SPONS AGENCY Texas Higher Education Coordinating Board, Austin.

PUB DATE Jun 9:

NOTE 69p.; Project supported by funds from the Carl D.

Perkins Vocational Education Act of 1990.

PUB TYPE Reports - Descriptive (141) -- Tests/Evaluation

Instruments (160)

EDRS PRICE MF01/PC03 Plus Postage.

DESCRIPTORS \*Basic Skills; Career Development; Career Guidance;

Community Colleges; Females; Job Training; \*Nontraditional Occupations; Participant Satisfaction; \*Program Effectiveness; Program

Implementation; School Holding Power; \*Special Needs Students; Student Financial Aid; \*Student Personnel Services; Two Year Colleges; \*Vocational Education

IDENTIFIERS \*Lee College TX

#### **ABSTRACT**

Project LEEWAY was implemented in July 1992 at Lee College, in Texas, to recruit low-income, academically disadvantaged single parents, displaced homemakers, and single pregnant women into nontraditional technical programs and provide necessary support services to ensure success. This report describes the implementation, components, and results of the project for the 1994-95 program year. Introductory materials describe requirements for participation and project goals and objectives, while the subsequent section reviews key personnel, the project's advisory committee, recruitment activities, and student support services. The next section describes Quickstart, a 5-week orientation program prior to technical program enrollment, highlighting assessment testing and basic skill enhancement related to study skills, career exploration, and survival skills. Activities undertaken for students enrolled in the first semester of the 1994-95 LEEWAY program are then described, including registration assistance, tutoring assistance, continued student support services, study and workplace readiness skills sessions, monthly parenting forums, and program evaluations by participants. Second semester activities are then reviewed, describing further registration and tutoring assistance, continued student support services, and continued monthly parenting forums. Program results are then addressed, indicating that of an original 9 students enrolled in the summer Quickstart session, 7 completed their second LEEWAY semester, with these students completing an average of 18 credit hours and maintaining an overall grade point average of 2.67. The final two sections review findings from student and staff evaluations of the program and financial assistance to other nontraditional students. LEEWAY brochures, applications, and evaluation forms are appended. (TGI)



Project LEEWAY for Single Parents

# PY95 Final Detailed Report on:

# **Project LEEWAY for Single Parents**

June 1995

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# **Project Leeway**

for Single Parents

Project Manual 1994-1995





Baytown, Texas

June 1995



# PROJECT LEEWAY for Single Parents

Lee College Baytown, Texas

June 1995



# **Preface**

Project LEEWAY for Single Parents was begun in July 1992 as a program to recruit low income, academically disadvantaged single parents, displaced homemakers and single pregnant women into technical programs, and to provide much needed support services to help assure their success.

This is a very successful project much needed in our community. We provide this manual as a guide for other community colleges who may wish to replicate any or all of the project components.

If we can supply any further information, please feel free to contact the 1994-95 **Project LEEWAY** staff:

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# **Table of Contents**

Requirements for Participation 5
Goals and Objectives 6
<b>GETTING STARTED</b>
Key Personnel
Advisory Committee
Recruitment Activities
Student Support Services
<b>QUICKSTART</b>
Assessment Testing
Basic Skill Enhancement13
Study Skills
Career Exploration
Survival Skills
Quickstart Evaluation
FIRST SEMESTER
Registration Assistance
Tutoring Assistance
Continued Student Support Services
Study Skills
Workplace Readiness Skills
Monthly Parenting Forums 18
First Semester Evaluation
SECOND SEMESTER 19
Registration Assistance
Tutoring Assistance
Continued Student Support Services
Continued Monthly Parenting Forums



RESULTS
Completion Rate
Academic Performance
Self-Esteem
Test of Adult Basic Education (TABE)
Career Exploration
<b>EVALUATION</b>
Student Evaluations
Staff Evaluations
ASSISTANCE TO OTHER ELIGIBLE STUDENTS
Appendix A Forms
Appendix B News Articles



# PROJECT LEEWAY FOR SINGLE PARENTS

#### Lee College Baytown, Texas

#### for Program Year 1994-1995

Project LEEWAY for Single Parents is a program designed to promote and facilitate access to vocational/technical education and training at Lee College for single parents, displaced homemakers, and single pregnant women. The program began its first year of operation in the summer of 1992, funded by a Carl Perkins Discretionary Grant. The program was designed to assist single parents, displaced homemakers, and single pregnant women in gaining access to vocational education programs through three program components:

- (I) basic academic skills upgrading,
- (2) workshops and courses addressing personal and career development, and
- (3) student support services such as child care, textbook, transportation assistance, financial aid resource identification, and tutoring.

During the 1994-95 program year, we continued to focus on these three components, but in an altered, and we believe much improved form.

# **Requirements for Participation**

Participation in **Project LEEWAY for Single Parents** was limited to single parents, displaced homemakers, and single pregnant women who had low to moderate income and who needed to improve basic academic skills, such as reading, writing, and math, before enrolling in college-level courses. The program was designed to target persons who were experiencing a major transition in their lives and who needed to prepare themselves for a new job by returning to school.



# **Goals and Objectives**

Project LEEWAY for Single Parents had seven goals as stated in the Grant Application. These goals included:

- 1. Assessment and goal setting for each participant
- 2. Improvement of basic academic skills
- 3. Career exploration in both traditional and non-traditional careers, including interaction with role models
- 4. Self-esteem building
- 5. Improvement of workplace readiness skills of self-management, problem solving, and teamwork
- 6. Student support in the form of child care, textbooks, transportation, and tutoring
- 7. Statewide dissemination of information on **Project LEEWAY for**Single Parents program design, implementation strategies, and results.



# **GETTING STARTED**

# **Key Personnel**

Personnel for **Project LEEWAY for Single Parents** included a project coordinator, counseling advisor, part-time recruiter, and four part-time temporary instructors. The staff worked with the Special Projects Coordinator to organize the entire program.

Clare Bush Fleming was re-appointed to continue as project coordinator. Ms. Fleming worked 30% of her time on the project. She had six year's experience working with special populations adult women in a technical/vocational setting at the college level, as well as teaching experience in special education.

Kirstine Taylor was selected to continue as counseling advisor for **Project LEEWAY.** 'As. Taylor, a member of the Lee College counseling staff, worked 15% of her time on the project advising students, teaching college study skills, and assisting with the registration process. Ms. Taylor has served as a counselor in the vocational area at Lee College for three years.

Lillian Walker was selected to serve as temporary recruiter and career exploration instructor. Part-time temporary basic academic skills instructors included Laurel Anthony and Mary Mendoza in reading and writing, and Rose Cleveland in math. Susan Stock taught survival skills also on a part-time basis.

# **Advisory Committee**

A seven-member advisory group was formed in July with representation from community service providers. The committee consisted of the following:

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KayCee Hill

Bay Area Women's Center

Carmen Torres

Lee College Hispanic Educational Access Committee

Larry Payne

Texas Department of Human Services

Susan Stock

Baytown Housing Authority

Robert Swanagan Lee College Black Educational Access Committee

Barbara Trachte

YMCA

Kim Cook

Lee College student/LEEWAY participant

The committee had its first meeting on August 11, 1994, and its second meeting on March 25, 1995. The committee provided advice and input in recruitment activities. Members also actively referred single parents and displaced homemakers to the **Project LEEWAY** coordinator as possible participants.

#### Recruitment Activities

Program brochure. A program brochure was designed and created by Project LEEWAY staff (see Appendix A, pages 35-36). The brochure was easy to read and informative. It was distributed through the Lee College Counseling Center; the Lee College Black and Hispanic Educational Access Committees; the Texas Department of Human Services in Baytown, Liberty and Crosby; the Baytown Housing Authority; the Bay Area Women's Center; the YMCA; area high schools within the region, such as the Goose Creek Independent School District in Baytown, and all high schools within the surrounding rural Liberty and Chambers counties. It was given to individuals interested in participation in **Project** LEEWAY.

Poster. Posters were distributed to each of the above mentioned agencies and schools as well as to area churches (see Appendix A, page 37). The temporary recruiter and coordinator spoke to area churches, Department of Human Service



AFDC recipients, parents of area school children, and alternative high school seniors. The temporary recruiter distributed brochures and posters at area fairs and gatherings, as well as to local businesses.

Media. The recruiter and coordinator were guests on several area radio talk shows. Public service announcements were distributed to area newspapers, radio and television stations. Newspaper articles appeared in area newspapers (see Appendix B, pages 64-66).

Screening Applicants. Individuals interested in the program were invited to fill out a Student Information form (see Appendix A, page 38). They were given an accompanying form, Steps to Follow (see Appendix A, page 39), and assisted in completing each step: the part-time student assistant accompanied individuals unfamiliar with the campus to the Admissions Office where they turned in a Lee College Admissions application, to the Counseling Office where they scheduled for Lee College placement testing, and to the Financial Aid office where they completed the federal financial aid application process.

All individuals expressing an interest in **Project LEEWAY** were invited to one of several orientation meetings where they received more detailed information about the program, and were invited to schedule individual interview appointments with the **Project LEEWAY** for **Single Parents** coordinator. Applicants were screened to assure that they were eligible for the Pell Grant, or met other income guidelines, and that they were in need of basic skills improvement.



Lee College 9

12

# **Student Support Services**

Based on a Student Needs Survey (see Appendix A, page 40), and on individual interviews, participants were provided the following support services during Quickstart as needed:

#### 1. Academic and vocational counseling

The **Project LEEWAY** counseling advisor served as the primary counselor for all participants; however, participants were also able to make full use of the Lee College counseling and career center.

#### 2. Financial resource identification

Participants with special needs were referred to local service providers such as the Department of Human Services, Baytown Housing Authority, and others. A representative from the Department of Human Services spoke to all individuals attending orientations and assisted in child care and transportation assistance for AFDC recipients, through the JOBS program. Students were also assisted with Pell Grant applications and scholarship applications.

#### 3. Child care assistance

The project coordinator assisted students in locating sources of child care assistance. For those not eligible through other programs, child care services were contracted to licensed child care centers. Eligible participants received full child care assistance during Quickstart. (Child care information and forms are located in Appendix A, pages 42-46).

#### 4. Emergency Transportation assistance

Participants were provided temporary assistance with transportation difficulties through the use of taxi vouchers or the purchase of gasoline. Students were also encouraged to carpool. Occasionally, the **Project LEEWAY** staff drove students to or from school when necessary.



# QUICKSTART

This five week non-credit, full-day program prior to full technical program enrollment was designed to provide intensive preparation for success in technical training to single parents, displaced homemakers and single pregnant women with low to moderate income. Especially targeted were returning women with somewhat indefinite career goals, in need of academic skills remediation before entering a vocational program. Quickstart was provided twice during the year: in July-August prior to the Fall semester, and in November-December prior to the Spring semester. (A Quickstart participant schedule is included in Appendix A, page 47).

A total of twenty-one participants were recruited during the Summer and Fall Quickstart portions of **Project LEEWAY for Single Parents**. The average age of participants was twenty-nine, with a range from twenty to fifty years of age. Nineteen of the twenty-one students had forty-one children requiring child care, twenty-six of whom were six years of age or younger. Fourteen participants were active AFDC recipients; six of the remaining seven were receiving food stamps. Eleven had received high school diplomas, eight had received GED's, and two had no GED. Ten students were African American, six were Hispanic, four were Caucasian and one was Asian.

# **Assessment testing**

By the end of the first week of the Quickstart program, each participant had completed a battery of standardized and self-reporting tests aimed at providing information regarding each individual's skills and abilities, and the areas in which each needed to improve or expand. Included were Lee College placement tests



and the Test of Adult Basic Education (TABE), administered to determine readiness for college level technical training. These tests also determined a grade level equivalency in math, reading and writing.

In addition, vocational assessment/interest inventory testing was administered, such as The Career Exploration Inventory (CEI), The Major-Minor Finder, and Job-O A. The Coopersmith Inventory was administered to gauge self-esteem, and the Learning and Study Strategies Inventory (LASSI) was administered to assist in gathering information regarding learning and study practices and attitudes.

#### **Basic Skill Enhancement**

Based on need documented through initial assessment testing, students were enrolled in 14 hours per week of individualized remedial and developmental non-credit studies in reading, writing, and/or math. Qualified instructors and a networked, integrated computer assisted instructional format were used to quickly enhance basic skills.

In addition, students were enrolled in an eight hour non-credit class to acquaint those participants with no computer skills with enough basics to overcome their hesitation of working with computers. This class focused on how to turn on a computer, how to insert a diskette, and limited familiarity with word processing. During this class, each student created a resume.

# Study Skills

Study skills were taught for a total of 10 hours during Quickstart by the **Project LEEWAY** counselor. The class focused on:



taking control of your learning getting back into school juggling home, work, school, children getting needed resources study skills using the library note taking skills best use of your learning style information self confidence building

This class continued meeting into the first semester, one hour per week for the first eight weeks.

# **Career Exploration**

Students met twice each week for a total of three and one-half hours each week to explore various career options. Emphasis was placed on developing career goals; attention was focused on careers which would enable a single parent wage earner to support a family. The following guest speakers were introduced:

Martha Barnett, owner of Baytown Motors and Bodyshop
Jan Borel, Lee College Computer Repair Technician
Kiaum Carpenter, Zerox Repair Technician
Detective Pam Erikson, Baytown Police Dept.
Debra Carroll, Emergency Medical Technician, City of Baytown
Roy Barefield, R.N., San Jacinto Methodist Hospital
Joy Merchant, Security Administrator, Lyondell Petrochemical
Bonita Bufkin, Safety Coordinator, Exxon
Ann Hendon, Lee College Placement Office

Students were presented with educational requirements, aptitudes, salaries, and area employment outlooks for emerging jobs, particularly those job fields taught at Lee College. Interests and aptitudes applicable to emerging job fields were discussed.



#### **Survival Skills**

The entire **Project LEEWAY for Single Parents** program was designed to provide students with opportunities to feel success and progress toward definite goals. The Quickstart portion of the program was especially designed to give participants the skills, motivation, and confidence to succeed in technical training. Assessments were completed to enable students to determine their own goals and develop a plan for success. Each participant received a specialized 30 hour Surviva! Skill Training which focused on the following:

**Assertiveness** 

Personal Health

**Nutrition** 

Money Management

Child Management

Self Advocacy

Legal Rights

Coping with Crisis

Community Resources

Re-Entry/Employment

#### **Quickstart Evaluation**

The Quickstart portion was evaluated by participants, as well as by the **Project LEEWAY** staff. The results of these evaluations are included in the evaluation section.



# FIRST SEMESTER

# **Registration Assistance**

At the end of the Quickstart session as registration opened for the first semester of classes, students were individually counseled and registered by the counseling advisor. Participants were given the opportunity to take portions of the Lee College placement test again, and were mainstreamed as appropriate, into regular vocational programs. Those students who needed additional basic academic development were enrolled into appropriate Developmental Math, Reading, and/or Writing. Most students enrolled into 12 to 15 semester hours. Twenty of the original 21 students who began Quickstart registered for their first semester of classes.

Students who had not yet received their Pell Grants were given short-term loans through the Lee College Financial Aid office until the Pell Grant monies were received.

# **Tutoring Assistance**

Tutoring in technical and basic academic courses was available through the Perkins Basic Grant. Tutoring was provided in a one-to-one and small group format, and most **LEEWAY** participants received assistance through this program.

# **Continued Student Support Services**

1. Continued academic and vocational counseling
The Project LEEWAY counseling advisor continued to serve as the primary counselor for all participants.



#### 2. Continued financial resource identification

Participants with special needs continued to be referred to local service providers as appropriate, such as the Texas Department of Human Services, Baytown Housing Authority, Harris County Social Services, and the Baytown Welfare League among others. Students were also referred to student assistant jobs on campus.

#### 3. Continued child care assistance

The project coordinator continued to assist students in locating sources of child care assistance. For those not eligible through other programs, child care services were contracted to licensed child care centers. Eligible participants received up to \$50 per week per child during first and second semesters.

#### 4. Continued emergency transportation assistance

Participants continued to be provided temporary assistance with transportation difficulties through the use of taxi vouchers or the purchase of gasoline. Occasionally, the **Project LEEWAY** staff drove students to or from school when necessary.

#### 5. Textbook assistance

Each student received up to the full amount of required books and supplies through the Lee College bookstore for the first semester, if their Pell Grants had not been received.

# Study Skills

Students continued to meet with the counseling advisor for study skills, one hour each week during the first eight weeks of the first semester. Students had formed such a close bond during Quickstart, that they found it to be very productive to continue meeting during this time.

# Workplace Readiness Skills

Students also met once per week with the coordinator for the first eight weeks of the first semester to study workplace readiness skills. Topics included:

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Diversity in the workplace Communicating with peers Setting goals Work ethics Communicating with supervisors Responsibility for self

# **Monthly Parenting Forums**

Monthly parenting forums were scheduled during the lunch hour, on the first Wednesday of the month, for one hour. All participants receiving child care assistance were required to attend. All Lee College students and the Baytown community were invited to attend. Topics during the fall semester included:

Helping Your Child Succeed in School Domestic Violence Sexual Behavior in Children: What is Normal? Should I be concerned?

#### First Semester Evaluations

The first semester was evaluated by participants, as well as by the **Project LEEWAY** staff. The results of these evaluations are included in the evaluation section.



# SECOND SEMESTER

# **Registration Assistance**

Students continuing to need registration assistance were counseled and registered individually by the counseling advisor. Most students again enrolled in 12 to 15 semester hours.

# **Tutoring Assistance**

Tutoring in Technical and basic academic courses was again available through the Perkins Basic Grant. Tutoring was provided in one-to-one and small group formats, and many **LEEWAY** participants received assistance through this program.

# **Continued Student Support Services**

The following support services continued to be offered:

Academic and vocational counseling
Financial resource identification
Child care assistance
Emergency transportation assistance
Textbook assistance for students not receiving a Pell Grant

# **Continued Monthly Parenting Forums**

Monthly parenting forums continued once each month during the lunch hour. Again, all participants receiving child care assistance were required to attend. All Lee College students and the Baytown community were invited to attend. Topics during the spring semester included:



Effects of Childhood Abuse on Parenting Skills Indicators and Prevention of Sexual Abuse in Children Date Rape



# **RESULTS**

# **Completion Rate**

Project LEEWAY for Single Parents began its July Quickstart with nine students. Each of the nine enrolled into their first, or Fall, semester. Of these, seven completed Fall Semester. Of these seven, all completed their second, or Spring, semester.

Twelve students enrolled into the November Quickstart. Of these, eleven enrolled into their first, or Spring, semester. Of these eleven, nine students completed Spring semester.

Thus, of the original twenty-one students, 95% enrolled into their first semester which is above the 90% goal. Of these, 80% completed their first semester. Of the original seven successfully completing their first semester in the fall, 100% completed their second semester. Of the second group of nine completing only Spring semester, each intends to re-enroll for the Fall semester. At this point in time, we are ahead of our goal of a 75% completion rate for two semesters and our current projection is at 80%.

Of the four who dropped, two moved from the area and one left school to marry. The fourth cited personal family problems.

# **Academic Performance**

Project LEEWAY participants are doing well at Lee College. Of the original seven students completing two semesters, all completed between eight and 35 credit hours, averaging 18 credit hours, with an average GPA of 2.67.

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#### Self-Esteem

Lee College

The entire **Project LEEWAY for Single Parents** program was designed to provide participants with opportunities to feel successful and to progress toward definite goals. The testing assessments and career exploration were completed to help students determine their own goals and to develop a plan for success. The project staff served as resources to the students so that they could achieve their goals. The Coopersmith Inventory of Self-Esteem was given to participants during the first week of Quickstart with students averaging 58 on a scale of 100. The test was repeated during the last week of Quickstart with students averaging 76 on the same scale.

# Test of Adult Basic Education (TABE)

The TABE was administered during the first week of Quickstart, and again on the last two days of Quickstart, in the three areas of reading, writing and math. Because the Lee College placement tests were revised and changed between the first and second Quickstart sessions, we were unable to compare beginning and ending scores for all students on the placement exams. Below are averaged beginning and ending grade level scores for the TABE:

#### QUICKSTART

	First Week	Fifth Week
Reading	9.5	9.7
Math	7.6	9.1
Writing	8.5	8.9



21

# **Career Exploration**

A Career Interest Survey was conducted during the first week of Quickstart, and again during the final week of Quickstart, to see if the Career Exploration sessions had influenced career choices (see Appendix A, page 48-49). Results were as follows: 42% of the students chose a different career, while 58% made no changes.



# **EVALUATION**

#### **Student Evaluations**

Participants in **Project LEEWAY for Single Parents** evaluated the components of the program at the end of Quickstart and at the end of the first semester. (See forms used in Appendix A, pages 50-62.) Each component of the Quickstart program was evaluated on a scale from 1 to 5, with 5 being **Always** and 1 being **Never**. The numbers below reflect the average scores attained on the 1 to 5 scale.

#### QUICKSTART EVALUATION:

#### Survival Skills

found the Survival Skills Workshops interesting.	4.63
The worksheets were useful.	4.74
The information presented during the workshops is nelpful now as well as later.	4.89
would recommend this class to a friend.	4.74
I intend to go back and use information I learned from this class when I need it.	4.89
I think I am now more capable of meeting my goals.	4.74
I think the facilitator did a good job of helping me learn about Survival Skills.	4.80
The facilitator helped me feel good about the goals I accomplished during this class.	4.74
The facilitator was friendly and supportive and she was a good listener.	4.53
The facilitator encouraged all of us to be more independent and to help each other.	4.80



#### **Student Comments:**

The instructor in this class was very supportive, really eager for you to learn. She put thoughts in your mind. Things that seemed hard, she made easy. She had a way to make you understand when you did not. I will miss this class very much.

I think Susan did a great job and the information was very helpful, and I learned a lot. Thanks for your encouragement, Susan.

#### **Reading and Writing**

I found the reading and writing class to be beneficial.	4.35
The worksheets were useful.	4.41
The information presented during the class is helpful now as well as later.	4.47
I would recommend this class to a friend.	4.59
I intend to go back and use information I learned from this class when I need it.	4.53
I think I am now more capable of meeting my goals.	4.41
I think the instructor did a good job of helping me learn more about reading and writing.	4.65
The instructor helped me feel good about my accomplishments in this class.	4.47
The instructor was friendly and supportive and she was a good listener.	4.82

#### **Student Comments:**

Reading and writing was too hard for me before, but now its great like opening a new book and understanding it.



She was especially helpful to me in every way. She helped me understand that I was intelligent when I thought I was stupid. She was very understanding to me and encouraging!

#### **Math**

I found the math class to be beneficial.	3.89
The worksheets were useful.	4.05
The information presented during the class is helpful now as well as later.	4.00
I would recommend this class to a friend.	3.89
I intend to go back and use information I learned from this class when I need it.	3.95
I think I am now more capable of meeting my goals.	4.00
I think the instructor did a good job of helping me learn more about math.	3.39
The instructor helped me feel good about my accomplishments in this class.	3.39
The instructor was friendly and supportive and she was a good list/ er.	3.88

#### **Student Comments:**

I really learned from this class and could not understand most algebra problems. And I know I can learn now!

# Study Skills

I found the study skills class to be beneficial. 4.68



#### **Project LEEWAY for Single Parents**

The worksheets were useful.	4.39
The information presented during the class is helpful now as well as later.	4.74
I would recommend this class to a friend.	4.74
I intend to go back and use information I learned from this class when I need it.	4.63
I think I am now more capable of meeting my goals.	4.68
I think the instructor did a good job of helping me learn more about study skills.	4.83
The instructor helped me feel good about my accomplishments in this class.	4.83
The instructor was friendly and supportive and she was a good listener.	4.94

#### **Student Comments:**

Chris made us feel good about ourselves. She was really sweet and I didn't feel pressured. She also helped us in making a decision on what classes we would or should take.

Great to have an instructor who also happens to be a counselor for this class. She was great. Thanks, Chris!

# **Career Exploration**

I found the career exploration class to be beneficial.	4.47
The worksheets were useful.	4.59
The information presented during the class is helpful now as well as later.	4.53



I would recommend this class to a friend.	4.47
I intend to go back and use information I learned from this class when I need it.	4.53
I think I am now more capable of meeting my goals.	4.29
I think the instructor did a good job of helping me learn more about careers.	4.65
The instructor helped me feel good about my accomplishments in this class.	4.71
The instructor was friendly and supportive and she was a good listener.	4.65

#### **Student Comments:**

This was a good class. The instructor gave a lot of information for us to use when we are ready to go out into the working world.

The instructor was very active and very supportive. She made everything clear to you, whatever was on your mind. I will never hesitate to tell anyone who needs help with a career, about her.

# Miscellaneous aspects:

found the individual and group counseling to be bene- icial.	4.78
found the testing was conducted with minimal stress, and helpful in giving me information about myself.	4.28
found the individualized computer program to be beneficial in reading.	4.56
found the individualized computer program to be beneficial in language arts.	4.22



I found the individualized computer program to be beneficial in math.	4.06
I found the computer lab, with the help of the lab assistant, to be beneficial to learning.	4.50
I found the Lee College child care program to be of benefit.	5.00

#### **Student Comments:**

I really enjoyed this program. It helped me to get into college and make me know I can succeed. I'm going to get my degree. Watch me! Thanks, gang!

I want to thank everyone for believing in me enough to give me a place in this program.

#### FIRST SEMESTER EVALUATION:

Students were asked to respond to a series of open ended questions at the end of their first semester. The following is a list of these questions, and representative answers.

#### How has the LEEWAY program impacted you?

I've met women in the same predicament I'm in, and that allows me to feel like I'm not the only person to have certain problems, and I can make my dreams come true.

It was helpful for me to learn how to study. It helped me find self esteem in myself.

# How do you feel about college now, compared to before you started LEEWAY?

I feel that college is just like regular school with regular people and I know I will make it.



I felt that there was no way I could have made it through the first semester. Now I know that I can be successful since I have had study skills.

Like I can do anything.

#### Would you recommend LEEWAY to your friends? Why?

Yes because people tend to be scared of coming back and college does appear to be scary. LEEWAY calms those nerves that seem to mislead you.

Yes! I have recommended one already! I did it because she had been out of school a long time and I thought it would be helpful to her.

Yes because some of my friends are not trying to do something with their lives and depend on welfare.

# Have you benefitted from counseling this semester, either individually or in a group?

Yes. We had a very understanding counselor who cares and that makes more difference than you think.

I learned how to use time management, how to study, and to ask questions.

Yes. How to cope with school and family.

# Have you received tutoring this semester? If so, is it of benefit?

Yes. My tutor has really shed light on my problems I had.

Yes. Medical terminology. Good.

# How would you evaluate study skills/workplace readiness skills this semester?



It made me ready to do what I have to, and it made me more aware of the things I must apply to homework and notetaking, etc.

Ten.

Great.

#### **Staff Evaluations**

Quickstart: The staff felt that the implementation of Quickstart this year created a major success for **Project LEEWAY for Single Parents**. Students expressed their appreciation in many ways to each staff person involved; attitudes were even more positive than in previous years. The addition of the survival skills curriculum was also a great contribution.

One suggestion to enhance the program was to increase the amount of time allotted to the study skills curriculum; however, with the time of the counseling staff who teach study skills at a premium, we feel fortunate to be able to use their expertise for one hour per day.

The staff looked at the Test of Adult Basic Education scores. The fact that in the area of math, students increased their skills by one and one-half grade levels in five weeks, and increased their language skills by nearly one-half grade level in the same amount of time was seen as very positive.

The staff felt the reading scores were not reflective of actual change; reading placement scores conducted with some students before and after Quickstart showed positive grade level changes of at least four grade levels for four students.



We were however, unable to use placement test scores as an evaluative tool this school year, as tests were changed mid year.

<u>First Semester</u>: The staff saw the class time spent in study skills and workplace readiness twice per week for the first eight weeks as critical to the success of the students. Students formed very close bonds during the five weeks of Quickstart, and without this opportunity to meet, the staff felt that many students might have dropped out. A recommendation for next year was to offer similar class time during the second semester.

Monthly Parenting Forums were a somewhat controversial offering. Some students had been offended that these were required of students who otherwise had no alternative child care options; other students had expressed great appreciation. The staff and the advisory board expressed very positive sentiments regarding them. The staff and the advisory board agreed to recommend placing parenting forums on hold for one year. The suggestion was to create a monthly parenting newsletter for the upcoming year until a positive resolution could be reached regarding parenting forums.

<u>Second Semester</u>: As previously mentioned, the staff recommended more formal contact with **Project LEEWAY for Single Parents** students during the second semester. The suggestion was to create a job search curriculum to be offered during the final eight weeks of the semester. It was further recommended that this be an optional activity open to all previous **Project LEEWAY for Single Parents** students.



In summary, staff was very encouraged with the **Project LEEWAY for Single Parents** program this year, particularly with the addition of Quickstart. We look forward to another year and plan to implement recommended changes as possible.



# ASSISTANCE TO OTHER ELIGIBLE STUDENTS

Project LEEWAY for Single Parents was able to assist other single parents, displaced homemakers, and single pregnant women with the following support services:

Child care

30 students

**Textbooks** 

1 student

Transportation

3 students



### APPENDIX A

**FORMS** 



Lee College 34

### ய

### COLLEG enter Lee College.

### Single Parents, Men or Women

Care Assistance, Basic Academic Skills, Survival Skills, and Study Skills for students who want to Guidance, Counseling, Child Single Pregnant Women Displaced, Homemakers







P.O. Box 818 Baytown, Texas 77522-0818

Do you want to be a

student at Lee College

but need help with child

care, transportation, and

textbook expenses?

Lee College does not discriminate on the basis of sex, handicap, race, color, age, religion, or national origin.

who needs help in

Are you a homemaker

looking for a better job?

Are you a single parent

developing skills?

Are you a single parent or

single pregnant woman

who is not prepared to

support a family?

Project Leeway g can help!!

This brochure provided by Perkins Equity funds



## roject Leeway...

Project Leeway for Single Parents and Displaced Homemakers is a free program for persons who are experiencing a major transition in their lives. Returning to school and preparing yourself for a new job can be difficult, especially if you are a single parent. Project Leeway provides child care, assistance with textbook expenses, tutoring, career and personal counseling, and emergency transportation for students who qualify. We also provide Survival Skills workshops, assistance with basic academic skills, study skills, and work place readiness skills.

# You can participate in this program if...

- You are a single parent (man or woman) or,
- You are a displaced homemaker (a homemaker forced to re-enter the workforce due to loss of family income) or,
- You are a single pregnant woman
- You need to improve your basic academic skills, such as reading, writing, and math, before pursuing career.

# You can be helped by these services...

Project Leeway assists persons in making the transition from work in the home to work in the labor market by providing assistance in the following areas:

 Financial assistance with child care, textbooks, or emergency transportation

Need-based assistance is available for those who qualify.

Career Exploration

Services include interest assessment, career exploration, and speakers representing successful careers in our community.

Survival Skills Workshops

Topics include coping with crisis, legal rights, parenting, health, nutrition, self advocacy, assertiveness, and more.

Basic Academic Skills

You will have the opportunity to improve your reading, math, and writing skills before enrolling in semester classes.

### Personal Assistance

You will receive personal assistance in completing financial aid applications, registration processes, tutoring assistance, and personal counseling.

### College Study Skills

You will build your self-confidence by learning the proper way to study for college classes. You will also learn basic computer skills necessary for most careers.

## Workplace Readiness Skills

Topics will include stress management, goal setting, decision making, understanding differences in the workforce, rewards of working, succeeding in a new job, and more.

## Take the first step...

For more information about this free program for single parents, single pregnant women, and displaced homemakers, take the first step and call or visit the Special Populations Office on the Lee College campus.

Clare Fleming,
Project Coordinator
Tech/Voc 1, Room # 113
(713) 425-6559

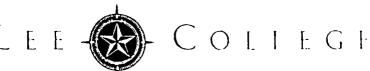
### PROJECT LEEWAY

- Are you interested in a vocational/technical career?
- Do you need job training?
- Do you need child care assistance?
- Do you need financial aid?
- Do you need to brush up your reading, math or writing skills before beginning a training program?



Project Leeway STARTS NOVEMBER 7TH PHONE **NOW** TO APPLY

Clare Fleming
Lee College Special Populations Office
(713) 425-6559









For Offic	e Use Only
Reading	
Writing	
Math	

### **Student Information**

Social Security Number		)ate	·
Name			
Last	First		Middle Initial
Address	24		
No. and S	Street/Apartment No.		
City	State		Zip
Telephone	_ Alternate Telepho	one	<del></del>
Marital Status:MarriedSingle	Separated	_DivorcedW	'idowed
If married, is your husband working?Yes	No		
Do you have children?YesNo	Ages of childr	ren	<u></u>
Do the children live with you?Yes	No		
Financial Aid			
Have you applied for financial aid?Yes	No When	ı?	
Have you been awarded financial aid for the fall/			
Do you receive help through AFDC?Yes			
Do you live in Public or Section 8 housong?			
Will you need child care assistance?Ye			
If so, have you applied to NCI?Yes			
Educational History			
High School: Name		Year Graduated_	
If GED earned, give dateN	ame of Institution		
Other Education			
Have you taken the Lee College Placement Tes	ts yet?Yes	No	
Educational Goal			
What is your main objective in attending Lee Co	llege?		
Mhot type of training may you be interested in?			38
What type of training may you be interested in?			30
	A C		





### STEPS TO FOLLOW

The following	g are steps to follow in applying to Project LEEWAY:
1.	Complete a <b>Project LEEWAY application</b> . Turn in to Special Populations Office, TV1 Bldg., Room 113.
2.	Complete a Lee College enrollment application. Turn in to the Admissions Office in Moler Hall.
3.	Keep the <b>Permit to Register</b> , which is a computer print out you will receive from the Admissions Office at the time you turn in your enrollment application.
4.	Register to take the Lee College Placement test. Do this through the Counseling Office, 425-6384. You will need to bring the Permit to Register with you when you take the test.
5.	Complete a Free Application for Federal Student Aid. This form is available in either the Financial Aid Office in Moler Hall, or in the Special Populations Office in TV1, Room 113.
	NOTE: Most people have questions about how to complete this form accurately. Phone the Special Populations Office, and we will answer your questions or schedule an appointment to help you fill out this form. (An appointment usually takes 1/2 hour.)
6.	Attend a scheduled <b>Project LEEWAY orientation meeting.</b> Bring questions.
7.	Phone Clare Fleming in the Special Populations Office to schedule an individual appointment. We will then discuss whether or not Project LEEWAY seems appropriate for you. Again, bring questions.

### ??QUESTIONS??

Contact: Clare Fleming, Program Coordinator Special Populations Office Technical Vocational Bldg. 1, Room 113 (713) 425-6559





### **Student Survey**

Name	D	ate
AddressNo. and St	reet/Apartment	No.
City	State	Zip
Home Telephone	_ Alternate Tele	ephone
In order to help the Project Leeway following survey:	staff serve you	r needs, please complete the
I would like help with:		
1. Financial aid  1. Financial aid  2. Finding work  3. Learning English  4. Reading skills  5. Study skills  6. Writing skills  7. Math skills  8. Choosing major/caree		9. Personal concerns 10. Learning disability 11. Physical disability 12. Health problem 13. Commuter information 14. Work experience credit 15. Day care information 16.





### **Parenting Survey**

How many children do you have?
How old are they?
Do all of your children live with you?
Place a check mark by any topics below that you would like to hear discussed
in a Parenting Seminar:
Single parenting
Talking to your children
DisciplineToo much or not enough?
Helping your child in school
Making time for yourself (Time management)
Keeping your children out of trouble-drugs, gangs, etc.
Making "Quality" time with your children
Helping preschoolers get ready for school
Latch key children
Family violence
Security at home
Handling stress
The topics above are only suggestions. Are there any topics that you would
like to hear that are not listed?
Do you have any other suggestions for the once-a-month parenting seminars's



### PERKINS CHILD CARE ASSISTANCE

### USEFUL INFORMATION TO READ FIRST:

page 1

1. Child care must be applied for each semester.

Since we do not receive enough money to assist each person who applies, **you must apply early**. Ask Clare Fleming in the Special Populations Office when applications will be available for next semester.

2. You must have a Technical/Vocational major to qualify for child care assistance.

This means you may major in any certificate program, or in any 2 year program leading to an A.A.S degree. (A.A. degrees and A.S. degrees do not qualify.)

3. You must be able to show you are income eligible. Your Pell Grant award letter shows us this.

If you are not receiving a Pell Grant, talk to Clare Fleming. There may still be hope.

4. Our child care assistance program pays for YMCA child care at the Barney Gray Center on the Lee College campus. If the hours or program do not meet your child's needs, contact Clare Fleming.

### STEPS TO FOLLOW:

- Read and sign page 2.
   Complete page 3 of application down to solid line.
   Complete page 4 of application.
- 2. Take pages 3 and 4 of application with you to Barney Gray Child Care Center. Ask them to complete the bottom of page 3 for you, below the solid line. Give them page 4 of the application to keep for their records.
- 3. Return pages 2 and 3 to the Special Populations office, TV1 Room 113.

  At this time, attach a copy of your permit to register (available in the admissions office) and a copy of your Pell Grant Award letter; both of these should represent the semester for which you are requesting child care.

### DIRECTIONS TO BARNEY GRAY CHILD CARE CENTER (713-422-5073)

From the main campus, head west on Texas Avenue. Go one block past the intersection where Decker flows to the right. You will pass the Teachers Credit Union on your right, and the library on your right. Barney Gray is a one-story building which sits on the right, behind a playground with play equipment. Turn right into the driveway immediately before you pass the play equipment.



4:

page 2

### PARENTING SEMINARS

Effective Fall Semester, 1994, students receiving child care assistance will be required to attend three (3) brown bag seminars per semester in order to continue receiving child care. These will also be open to all Lee College students, and will cover parenting skills such as: discipline, helping children succeed in school, family violence, family safety, communication skills, etc.

I have read the above and understand that in order to continue receiving child care throughout each semester, I must attend each of the following three (3) seminars, held from 12:00 noon to 12:45 pm:

Wednesday, February 1, 1995

Wednesday, March 1, 1995

Wednesday, April 5, 1995

singature

date

### STILL HAVE QUESTIONS?

Contact: Clare Fleming, Special Populations (713) 425-6559
Tech/Voc Building 1, Room 113



page 3	Office use only:	
	Date submitted  Permit to register	
	Pell Grant Award Letter	
	Tell Glant Award Letter	
emester for which you are applyi	ng	
CHILD CA	RE ASSISTANCE APPLICATION	
Name of Lee College student	SS#	····
home phone number	message phone nu	mber
street and apt. #	town	state zip
major	marital status: marr	ied/single/separated
Pell Grant status: (circle one) Award Amount:	approved pending	
Do you receive AFDC? (circle one If yes, have you applied to NCI for If yes, how recently?	or child care assistance? (circle on	e) yes no
Do you receive food stamps? (circ	cle one) yes no	
Do you live in Public or Section 8	3 housing? (circle one) yes no	
Children for whom you need	child care:	
<u>Name</u>	Birth Date Age	Grade in School
THIS SECTION TO E	BE COMPLETED BY CHILD CAR	E CENTER
Based on the Lee College Stud care costs to be \$	ent's request for services, we	estimate weekly chil
signature of child care staff m	namber / 13 nam	ne of child care cente



### Dear Child Care Provider:

The student named below is applying for one semester of Perkins child care assistance. If approved, Lee College will notify you of this approval and will then provide you with necessary guidelines and invoices.

If you have questions, please contact:

Children for whom you need child care:

**Name** 

Clare Fleming

Special Populations Office

Lee College P.O. Box 818

Baytown, TX 77521 (713) 425-6559

### TO BE COMPLETED BY LEE COLLEGE STUDENT:

Name of Lee College student	SS#		
home phone number	message phone number		
street and apt. #	town	state	zip

Birth Date



Age Grade in School

### PERKINS CHILD CARE ASSISTANCE GRANT: Lee College-Baytown, Texas

### Weekly Class Attendance Form

Course Title	Time	_ M	_T	W	TR	F	Tot.Hrs.	Instructor Signature
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						_		
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	1							-
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					<u> </u>			
	_				<del>-</del> -			
Student Name:							W	eek Of:

	<del></del>	
**	Complete this form with your course names and times. At the end of each class period, place a che	eck
	in the box under the days you were there, enter the total amount of hours you were in class that wee	<u>ek</u> ,
	and at the end of the week have the instructor sign in the appropriate place, then take this form to t	the
	day care center you have chosen. BE SURE TO TURN THIS FORM IN TO THE CHILD-CARE	
	CENTER BY FRIDAY OF EACH WEEK.	

### PERKINS CHILD CARE ASSISTANCE GRANT: Lee College-Baytown, Texas

### Weekly Class Attendance Form

Course Title	<u>Time</u>	_M	T	W	TR_	<u> </u>	Tot.Hrs.	Instructor Signature
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Student Name:	Week Of:
Student Name:	Week Of:

<sup>\*\*</sup> Complete this form with your course names and times. At the end of each class period, place a check in the box under the days you were there, enter the total amount of hours you were in class that week, and at the end of the week have the instructor sign in the appropriate place, then take this form to the day care center you have chosen. BE SURE TO TURN THIS FORM IN TO THE CHILD-CARE CENTER BY FRIDAY OF EACH WEEK.



	Name		I am in groups A	B_ / C D _ / E	F
	÷				
	Monday	Tuesday	Wednesday	Thursday	Friday
8:15	a. Survival Skills	a. Career Exploration	a. Survival Skills	a. Career Ex- ploration	e. Computers
	b. Career Exploration .	b. Survival Skills	b. Career Exploration	b. Survival Skills	f. Intro to Computers
				9:40	break
				9:50	e. Intro to Computers
	•				f. Computers
10:00	) break	break	break	break	
10:15	a. Survival Skills	a. Study Skills	a. Survival Skills	a. Study Skills	
	b. Study Skills	b. Survival Skills	b. Stud <b>y</b> Skills	b. Survival Skills	
11:15	5 lunch	lunch	lunch	lunch	end of day
12:00	0 c. computers d. read/write	c. read/write d. math	c computers d math	c math d read/write	
1:30	break	break	break	break	
1:45	c. read/write d computers	c math d read/write	c math d computers	c read/write d math	
3:15	end of day	end of day	end of day	end of day	47



### **Career Interests**

Initial Survey

ease list below three career fields in which you are most interested:			
	Your Name		
	Today's Date		



### **Career Interests**

Initial Survey

Please list below three career fields	in which you are most interested:	
	Your Name	

Today's Date

Your Name

### Career Choice

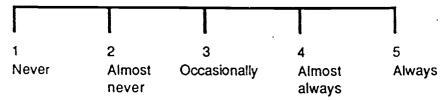
Final Survey

rinet off 46à
Now that you are near completion of your first semester of college work, please tak a few moments to tell us what career you have selected to study next semester. True to be specific.
1st Choice
2nd Choice
3rd Choice
Did the Career Exploration workshops with speakers from various occupation influence your decision at all?YesNo
Your Name Today's Date
Project Leeway  Career Choice
Final Survey
Now that you are near completion of your first semester of college work, please take a few moments to tell us what career you have selected to study next semester. To to be specific.
1st Choice
2nd Choice
3rd Choice
Did the Career Exploration workshops with speakers from various occupation influence your decision at all?YesNo

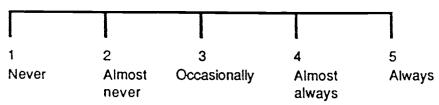
Today's Date

Below you will find several comments about the Survival Skills Workshops. Circle the number you think best describes your feelings about each comment. Remember to think of the workshops as a whole program when you answer.

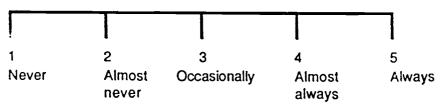
1. I found the Survival Skills Workshops interesting.



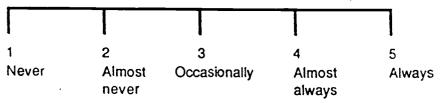
2. The worksheets were useful.



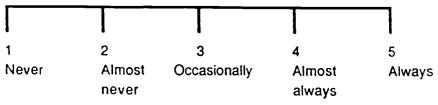
3. The information presented during the workshops is helpful now as well as later.



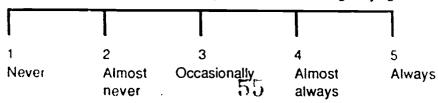
4. I would recommend the series of workshops to a friend.



5. I intend to go back and use information I learned from the workshops when I need it.



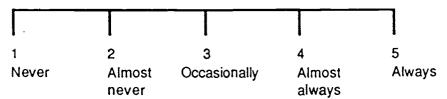
6. I think I am now more capable of meeting my goals.



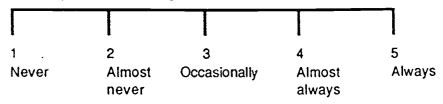


### Survival Skills For Women™

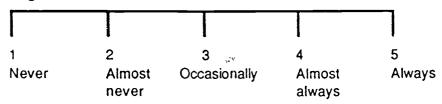
7. I think the Facilitator did a good job of helping me learn about Survival Skills.



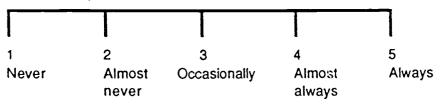
8. The Facilitator helped me feel good about the goals I accomplished during the workshops.



9. The Facilitator was friendly and supportive and she was a good listener.



10. The Facilitator encouraged all of us to be more independent and to help each other.

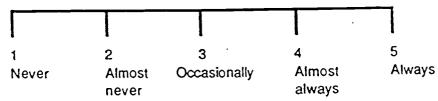


### Comments:

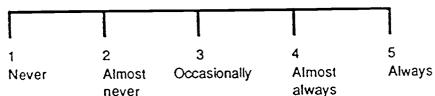


Below you will find several comments about the reading and writing class. Circle the number you think best describes your feelings about each comment.

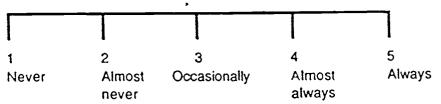
1. I found the reading and writing class to be beneficial.



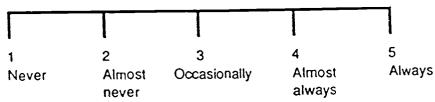
2. The worksheets were useful.



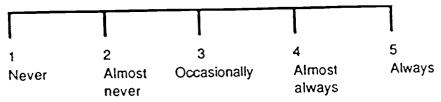
3. The information presented during the class is helpful now as well as later.



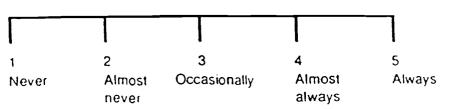
4. I would recommend this class to a friend.



5. I intend to go back and use information I learned from this class when I need it.



6. I think I am now more capable of meeting my goals.



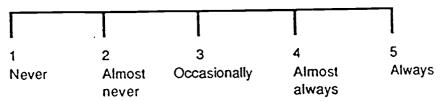


I think the instructor did a good job of helping me learn more about 7. reading and writing. Always Never Almost Occasionally Almost always never The instructor helped me feel good about my accomplishments in 8. this class. 2 Never Almost Occasionally Almost Always never always The instructor was friendly and supportive and she was a good 9. listener. Never Almost Occasionally Almost Always never always COMMENTS:

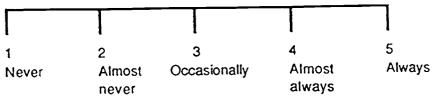


Below you will find several comments about the math class. Circle the number you think best describes your feelings about each comment.

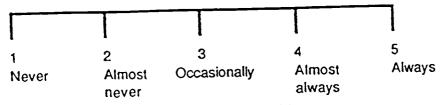
1. I found the math class to be beneficial.



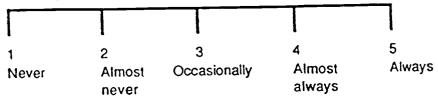
2. The worksheets were useful.



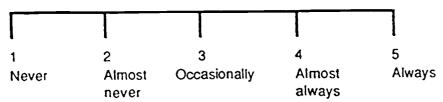
3. The information presented during the class is helpful now as well as later.



4. I would recommend this class to a friend.



5. I intend to go back and use information I learned from this class when I need it.



6. I think I am now more capable of meeting my goals.

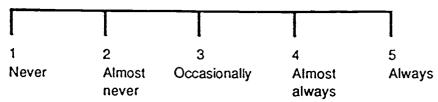
	T			a	7
1	2	3	4		5
Never	Almost	Occasionally	Almost		Always
	never		always		



7. I think the instructor did a good job of helping me learn more about math.

1	2	3	4	5
Never	Almost	Occasionally	Almost	Always
	never		always	

8. The instructor helped me feel good about my accomplishments in this class.



9. The instructor was friendly and supportive and she was a good listener.

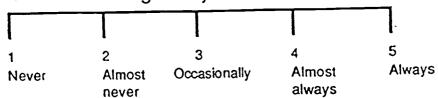
1	2	3	4	5
Never	Almost never	Occasionally	Almost always	Always

COMMENTS:		 	 	
_		 		
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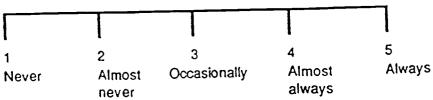


Below you will find several comments about the College Study Skills class. Circle the number you think best describes your feelings about each comment.

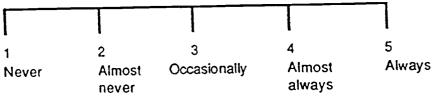
1. I found the College Study Skills class to be beneficial.



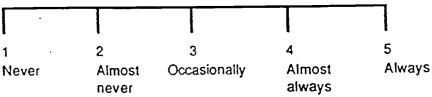
2. The worksheets were useful.



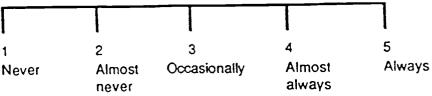
3. The information presented during the class is helpful now as well as later.



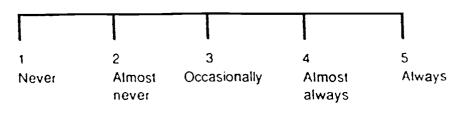
4. I would recommend this class to a friend.



5. I intend to go back and use information I learned from this class when I need it.



6. I think I am now more capable of meeting my goals.

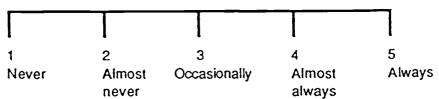




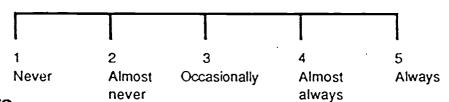
7. I think the instructor did a good job of helping me learn more about College Study Skills.

1	2	3	4	5
Never	Almost	Occasionally	Almost	Always
	never	·	always	•

8. The instructor helped me feel good about my accomplishments in this class.



9. The instructor was friendly and supportive and she was a good listener.

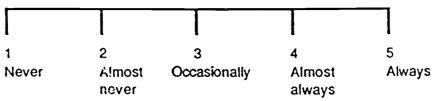


COMMENTS.				
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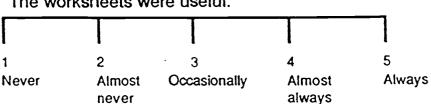


Below you will find several comments about the Career Exploration class. Circle the number you think best describes your feelings about each comment.

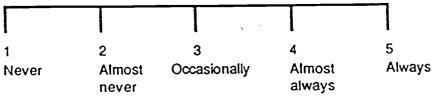
1. I found the Career Exploration class to be beneficial.



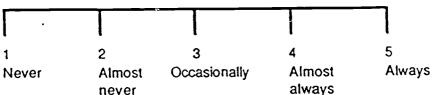
2. The worksheets were useful.



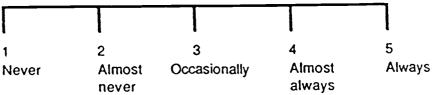
3. The information presented during the class is helpful now as well as later.



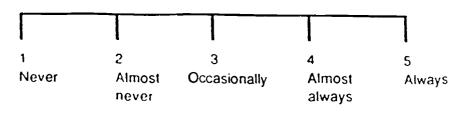
4. I would recommend this class to a friend.



5. I intend to go back and use information I learned from this class when I need it.



6. I think I am now more capable of meeting my goals.



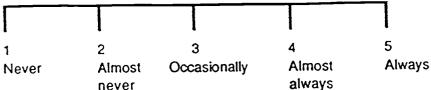


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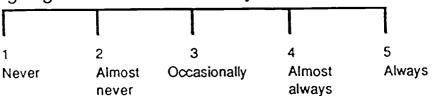


Below you will find several comments about various aspects of Project Leeway Quickstart. Circle the number you think best describes your feelings about each comment.

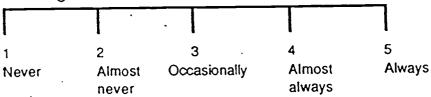
1. I found the individual and group counseling to be beneficial.



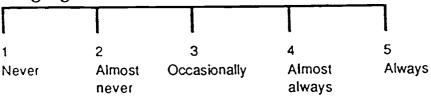
2. I found the testing was conducted with minimal stress, and helpful in giving me information about myself.



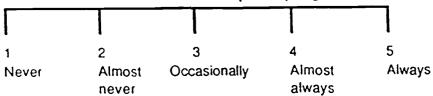
3. I found the individualized computer program to be beneficial in reading.



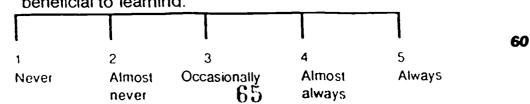
I found the individualized computer program to be beneficial in language arts.



5. I found the individualized computer program to be beneficial in math.



6. I found the computer lab, with the help of the lab assistant, to be beneficial to learning.





7.	progran	n):			ee College chilo be of benefit.	d care
	1 Never	2 Almost never	3 O∝asionally	4 Almost always	5 Always	
COMME	ENTS:					
				<u> </u>		



Name
How has the LEEWAY program impacted you?
How do you feel about college compared to last fall before LEEWAY?
Would you recommend LEEWAY to your friends? Why?
Have you benefitted from counseling this semester, either individual or group? How?
Have you received tutoring this semester? If so, is it of benefit?
How would you evaluate study skills/workplace readiness skills this semester?



### **APPENDIX**

B

**NEWS ARTICLES** 



Lee College 63

The following have been deleted from the document to avoid copyright infringement:

- 1. Martinez, J. Students get a jump on college careers. The Baytown Sun, 7/19/94.
- 2. Martinez, J. LC's leeway program gives second chances. The Baytown Sun, 6/27/94.
- 3. Martinez, J. Program helps with careers, school. The Baytown Sun, 6/20/94.

